

Children's Bill of Rights

1. The right not to be asked to "choose sides" between parents.
2. The right not to be told the details of bitter or nasty legal proceedings going on between parents.
3. The right not to be told "bad things" about the other parent's personality or character.
4. The right to privacy when talking to the other parent on the telephone.
5. The right not to be cross examined by one parent on the telephone.
6. The right not to be asked to be a messenger from one parent to the other.
7. The right not to be asked by one parent to tell the other parent untruths.
8. The right not to be used as a confidant regarding the legal proceedings between the parents.
9. The right to express feelings, whatsoever those feelings may be.
10. The right to choose not to express certain feelings.
11. The right to be protected from parental warfare.
12. The right to avoid parents' arguments in front of the children.
13. The right to have both parents informed of special ceremonies.
14. The right not to be made to feel guilty for loving both parents.

It is your responsibility to help your children adjust to your family's reorganization.

Always consider what is in your children's best interest.

They deserve only the best.